**DRUG ABUSE (ADDICT) PROBLEMS AND SOLUTIONS**

**INTRODUCTION**

Drug abuse is rife in many countries. Billions of dollars are spent internationally preventing drug use, treating addicts, and fighting drug-related crime. Although drugs threaten many societies, their effects can also be combated successfully. This essay looks at some of the effects of drug use on society, and suggests some solutions to the problem.

**OBJECTIVES**

Drug abuse causes multiple problems for countries and communities. The medical and psychological effects are very obvious. Addicts cannot function as normal members of society. They neglect or abuse their families, and eventually require expensive treatment or hospitalization. The second effect is on crime. Huge police resources are needed to fight smuggling and dealing. Criminal gangs and mafia underworlds develop with the money from drugs.

**DRUG ABUSE**

**Drug abuse** is a problem that is not alone with it there are various problems that pose a threat for any country. The trade of drugs is illegal thus it gives birth to criminal activities all over the world. Every year lot of drug rackets is busted and new people come in this trade. Teenagers are most vulnerable to this, they are tempted by the easy money that comes of this trade all those who take drugs are sometimes forced to work for drug peddlers so that they pay of their debt.  Huge police force is required to keep check on the smuggling and ill legal trade.

Those who are addicted to drugs are more vulnerable to deadly diseases like AIDS or hepatitis as they are likely to take drug injection from used syringe.  So a step towards preventing diseases among the drug is exchange needle it was stated so that at least these people are saved from these deadly diseases and they can be helped to get out of this. Many people die of diseases they contract while they are addicted to drugs rather than drug itself so it is essential to fight these diseases so that people are saved from these deadly diseases otherwise they can infect others also. If an addict is saved from these he can be brought out of drug addiction by support of family and rehabilitation but if an addict gets these diseases his life would be ended.

Addicts does not behave normally in society and neglect there families and responsibilities. They are likely to be short tempered and get in rage at small things they are likely to get in fight with others. Thus they become a menace for the society the family and society have to take their responsibilities. **Drug abuse** is a neurological flaw rather than a moral wrong but it is rather under a debate as many believe that a person gets to drug under a wrong company or out of problems in family. Whatever be the cause of taking drugs it is essential to uproot this problem from the society otherwise the youth which is future will be crippled by this.

In United States of America there are more drug peddlers then dentist, drug abuse must be curbed as its harm our society and our loved ones. Drug addicts are prone to nervous disorders they are likely to encounter various health problem. If the**drug abuse** gets to height it is next to impossible to help people to get out of it so if you notice some abnormal behaviour in your loved ones then notice them carefully so that you can catch that at early state and they can be helped to get out of it.

Why people take drugs? There are many reasons which teenagers have replied when they are asked to answer this question, some believe they take drugs to feel good the sensational feeling they get when they take is of intense pleasure. It’s a kind of euphoria. Some people take drugs to get relieve of tension and social anxiety they feel. Stress is one of the major reason for which a person start taking drugs. Then there was another reason that use of drugs improved performance, mainly physical this can be seen among sport persons who take drugs to increase their endurance.  This is true that use drugs improve performance but in long run it becomes addiction.

We can fight with the problem of drug abuse and the first step towards this is right education and awareness. If we include educational topics about drug abuse and its harmful effects and methods to fight it then we can help teenagers to understand its ill effects. Also we need to make our society more aware about this we should not see addicts with scorn; they need our support to get out of it. Our government needs to implement laws against **drug abuse** strictly.

**SOLUTION**

However, the menace of drugs can be fought. Education is the first battle. Children need to be told at home and in school about drugs. People need to be aware of the effects so that they can avoid this problem.

A second approach is to increase police manpower and create effective laws to stop dealers. However the main target should be the user: Families and counsellors need to talk to children and people at risk. Parents need to look at their children and help them to become responsible. Worthwhile jobs and housing are also needed to give people a role in society.

The causes of drug addiction are something that everyone should know about. Even if you have never used drugs, you should know in case someone you love is in trouble. Your child may need to you to know this too, when he is young and needs to be educated. From teen drug addiction to life threatening severe cases in adults, the causes of drug addiction are indications that your condition needs attention. In fact, once you learn the causes of drug addiction, drug and alcohol addiction recovery can begin.

How Does It Happen?

If you are someone looking in from how drug addiction happens, do not be too harsh to judge. All it takes is one experiment, one time of wanting just see what the big deal is to make a serious problem start. The high that people get from drugs is something that draws them back for maybe just one more time. Soon it becomes something that they can no longer shake. The experiment is now out of their hands.

The causes of drug addiction are not the things that we can control, like that experiment. Although it may seem harmless, within just a few times of trying it out, it can become lethally addictive. That is where the problem truly lies. Once the experiment has gotten to this level, it is out of the person's control.

What you will learn about alcohol and drug detox is that it is not about the person's will to stop doing what they are doing. It is more so about the actual problem that lies within the brain during an addiction. What you will learn through your drug and alcohol addiction recovery is that the brain needs to be retrained from the addiction. The brain will demand the drugs. That is because the brain is now much different, transformed even. It is different in both its functions as well as its structure.

Every time you reach that high from a drug, you are in fact changing your brain's chemistry. This is what causes drug addiction and this is what makes it inevitable that those that continue to use drugs will in fact become addicted to it. Drug abuse is not something anyone sets out to do, but once that one experiment leads to a few more; it is a sure path to becoming addicted.

With this being the cause of drug addiction, the brain's ability to function is severely limited. Every time things can be worsened. You should consider drug addiction a disease of the brain in which over time it becomes more and more damaged by the toxins. Eventually, if the user does not seek drug and alcohol addiction recovery, he or she will experience a range of health problems including the slow destruction of the brain.

The good news is 87that with a successful drug and alcohol addiction treatment program, the user can put a stop to this destruction.

# DRUG ABUSE: PROBLEMS

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Drug abuse causes multiple problems for countries and communities. The medical and psychological effects are very obvious. Addicts cannot function as normal members of society. They neglect or abuse their families, and eventually require expensive treatment or hospitalization. The second effect is on crime. Huge police resources are needed to fight smuggling and dealing. Criminal gangs and mafia underworlds develop with the money from drugs.

However, the menace of drugs can be fought. Education is the first battle. Children need to be told at home and in school about drugs. People need to be aware of the effects so that they can make avoid this problem. A second approach is to increase police manpower and powers to stop dealers and to enforce the law. However the main target should be the user. Families and counsellors need to talk to children and people at risk. Parents need to look at their children and help them to Jobs are needed to give people a role in society.

In conclusion, although the problem of drugs may seem impossible to eliminate, there are concrete steps that can be taken to weaken the hold of drugs on society. The danger from drugs is too great to ignore.

**CONCLUSION**

In conclusion, although the problem of drugs may seem impossible to eliminate, there are concrete steps that can be taken to weaken the hold of drugs on society. The danger from drugs is too great to ignore for us and our children.